

*** [Proposition 1 Update](#) ***

CA law for mental/behavioral health boards/commissions changes as of January 1, 2024.
Bylaws and membership rosters should be updated to reflect the changes.



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Spring 2024

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CALBHB/C Meeting & Training

April 19 & April 20

Please Register:

www.calbhbc.org/registration

There is no fee to register.

Meeting (April 19th, 1:30 pm - 5:30 pm)

- Updates/presentations from statewide organizations
- Speaker Panel: Community Defined Evidence Practices: Sustaining and increasing culturally/racially/ethnically responsive and relevant programs and services
- Peer Provider Update (SB 803)
- Issue-Based Discussion

Training (April 20th, 9 am - 12 pm)

- How to Be an Effective MH/BH Board/Commission (*Rules and Tools*)
- Chair & Admin Training (*All are welcome*)



The California Association of
Local Behavioral Health
Boards/Commissions
(CALBHB/C)
supports the work of CA's 59
local Mental/Behavioral Health
Boards and Commissions.

Website: www.calbhbc.org

Email: info@calbhbc.com

Advocacy (Legislative)

Join with us in legislative advocacy *after* reviewing "**Understanding your Role**" (below).

CALBHB/C's Governing Board supports legislation and budget items in response to issues reported from CA's 59 local mental/behavioral health boards and commissions, providing written and in-person advocacy. Top issues are included in our [Annual Goals](#) document, item C.

Understanding your Role

1. As Individuals:

Individuals can and should write to their state legislators! Legislators especially appreciate hearing from residents within their districts.

2. As Advisory Bodies:

Local mental/behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office. Boards/commissions may wish to recommend specific legislation to their Governing Body (in most cases Board of Supervisors) and MH/BH Director (the BH Directors also advocate through their statewide association, County Behavioral Health Directors Association (CBHDA)).

CALBHB/C Governing Board Legislative Support

[Sample Letters & Fact Sheets](#)

Access

[AB 236](#) (Holden) Provider Directory Requirements [Fact Sheet](#) [Sample Letter](#)

Board & Care (Housing)

[SB 1082](#) (Eggman) Augmented Residential Care Facilities [Fact Sheet](#) [Sample Letter](#)

Criminal Justice

[AB 2267](#) (Jones-Sawyer): Youth Reinvestment Grant Program [Fact Sheet](#) [Sample Letter](#)

[AB 2882](#) (McCarty): Community Corrections Performance Incentives [Fact Sheet](#) [Sample Letter](#)

Crisis Care Continuum

[AB 1316](#) (Irwin and Ward): Emergency Services: Psychiatric Emergency Medical Conditions [Fact Sheet](#) [Sample Letter](#)

[AB 2700](#) (Gabriel) Emergency Medical Services: Alternative Destinations (Sponsor: Steinberg Institute) [Fact Sheet](#) [Sample Letter](#)

For additions/updates, sample letters and fact sheets, see: calbhbc.org/legislative-advocacy

Grants/Funding

Housing

[Community Care Expansion \(CCE\) Program Grant](#): Acquisition, construction, and rehabilitation of residential care settings. DHCS and CDSS. A portion of the CCE budget includes Home and Community-Based Services (HCBS) funding that must be obligated by December 2023 and liquidated by June 2026, as well as State Fiscal Recovery Funds (SFRF) that must be obligated by June 2024 and liquidated by December 2026. Applications funded on a rolling basis.

[Listening Session](#): Behavioral Health Infrastructure Bond Act of 2024 BHCIP Round 7 and 8: Unmet Needs Public Listening Session. DHCS is developing plans for distribution of \$4.3 billion in BHIBA funds for BHCIP competitive grants. During this public listening session, input can be provided directly to DHCS on BHCIP bond funding. April 19, 2 - 3 pm. [Registration](#)

Children & Youth

[Wellness Coach scholarships](#) for young people: Becoming a Certified Wellness Coach lets you play a role in improving mental health and well-being of children and youth in California. Scholarships up to \$35,000 annually are available. More information is available at: <https://cawellnesscoach.org/become-a-certified-wellness-coach/#apply-scholarship>

Related links:

- <https://hcai.ca.gov/workforce/initiatives/certified-wellness-coach/>
- <https://cawellnesscoach.org/>

[Cell Phones for Foster Youth](#): “iFoster Phones for Foster Youth” are available to current and former CA Foster Youth who are between the ages of 13 and 26 inclusive whose case originated in CA or who currently reside in CA.

Tribal

[STOP Act](#), The purpose of this program is to prevent and reduce alcohol use among youth and young adults ages 12 to 20 in communities throughout the United States. Application Due Date: Friday, May 03, 2024

Substance Use Disorder (SUD)

[Rural Communities Opioid Response Program \(RCORP\)](#), U.S. Health Resources and Services Administration funding application is open through May 6, 2024

Workforce

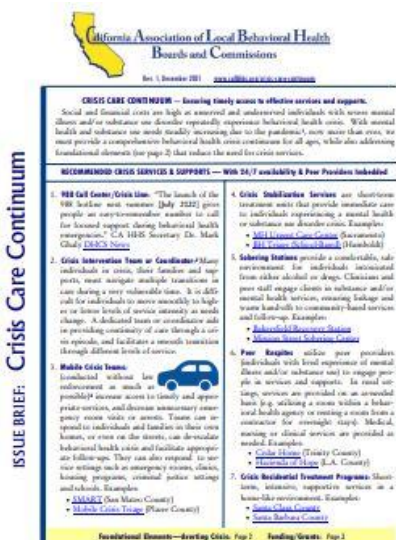
[Golden State Social Opportunities Program \(GSSOP\)](#) aims to increase the number of licensed behavioral health professionals providing direct care. This scholarship gives priority to those who have experienced foster care and/or homelessness and Community-Based Organization employees. Informational webinar: April 16th, 2024, from 2:00 pm to 3:30 pm. GSSOP applications must be submitted by 3:00pm, April 24th.

[Loan Repayment Program](#) - The National Health Service Corps (NHSC) provides a single application for three of their loan repayment programs (LRPs), the NHSC LRP, the NHSC Substance Use Disorder (SUD) Workforce LRP, and the NHSC Rural Community LRP. The website includes additional guidance on which LRP is right for you and describes the service commitment, award amount, and more. The application for all three loan repayment programs is now open through May 9 at 7:30 p.m. ET

Also see:

grants.ca.gov

CALBHB/C Issue Briefs



- [Board & Care \(ARF or RCFE\)](#)
- [Children & Youth:](#)
 - [Integrated School-Based BH](#)
 - [Transitional Age Youth \(TAY\)](#)
- [Crisis Care Continuum](#)
- [Criminal Justice](#)
- [Disaster Prep/Recovery](#)
- [Employment](#)
- [LGBTQ+](#)
- [Lanterman Petris Short \(LPS\) Act](#)
- [Older Adults](#)
- [Performance Outcome Data](#)
- [Transitional Age Youth](#)
- [Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Proposition 1 Update for Boards and Commissions

By January 1, 2025, boards/commissions are encouraged to update membership rosters and bylaws to comply with CA law (changes to CA Welfare and Institution Code (WIC)).

Summary of Changes (Changes are in **bold**.)

- 1) 5604. **(2)(B)(i)** Fifty percent of the board membership shall be consumers, or the parents, spouses, siblings, or adult children of consumers, who are receiving or have received behavioral health services. **One of these members shall be an individual who is 25 years of age or younger.** (ii) At least 20 percent of the total membership shall be consumers, and at least 20 percent shall be families of consumers.
- 2) 5604. **(2)(D)(i)** At least one member of the board shall be an **employee of a local education agency.**
 - (ii) **To comply with clause (i), a county shall notify its county office of education about vacancies on the board.**
- 3) **"Mental"** is changes **"Behavioral"**. **"substance use disorder"** is added.

Updated WIC for Boards/Commissions (Effective January 1, 2025)

Reports, Articles & Webinars - *By Topic*

Access

[It keeps people with schizophrenia in school and on the job. Why won't insurance pay?](#), NPR Article

[The Department of Managed Healthcare](#) The mission of the California Department of Managed Health Care is to protect consumers' health care rights and ensure a stable health care delivery system. www.Healthhelp.ca.gov

[Access to Commercial Services](#): Access to Behavioral Health Services for Commercial Enrollees, [Presentation](#), [Recording](#)

Behavioral Health Continuum

[Disability Rights California Report](#): "Stuck" Los Angeles County's Abuse and Neglect of People on Mental Health Conservatorships in Jail and Locked Psychiatric Facilities.

CalAIM

[DHCS Releases CalAIM Behavioral Health Preliminary Implementation Feedback Report](#) covering the policies and initiatives that went live in 2022 and 2023: Access Criteria for Specialty Mental Health Services, No Wrong Door for Mental Health Services, Screening and Transition of Care Tools for Medi-Cal Mental Health Services, and Medi-Cal Peer Support Services

Children & Youth (Mental Health)

[Treating Adolescents with Substance Use Disorder](#), Recording to be posted on Providers Clinical Support System (PCSS) website.

[Positive Parenting, Thriving Kids Video Series](#). DHCS issued a news release ([English](#) and [Spanish](#)) announcing the Positive Parents, Thriving Kids video series with resources to face parenting challenges, as they relate to the mental health of the children in their lives. Dept. of Health Care Services.

[Never a Bother](#) youth suicide prevention digital toolkit.

Criminal Justice

[Steinberg Institute Policy Brief](#): California's criminal justice system not prioritizing behavioral health programs that would keep people out of jail and reduce costs

[Improving Continuity of Care for Justice-Involved Individuals](#): Lessons from the Field PCSS Recording

[The Council on Criminal Justice and Behavioral Health](#) (CCJBH) 22nd Annual Legislative Report

[Barriers to, and Strategies to Improve, Medi-Cal Behavioral Health Services Utilization: A Lived Experience Listening Session Report](#), CCJBH

[Successful Approaches to Employing Individuals with Lived Experience in the Criminal Justice and Behavioral Health Fields](#), CCJBH

[Solutions to Hiring Barriers for Individuals with Lived Experience to Work in the Criminal Justice and Behavioral Health Fields](#), CCJBH

Culture, Race, Ethnicity

[These Black Sacramento Barbers Bring Mental Health Care to the Styling Chair](#), One Client at a Time, Sacbee.com

[Demographic Report on Health and Mental Health Equity](#), CA Department of Public Health

[Peer Support in the Latinx Community](#): Reviews unique health disparities that the Latinx community faces while presenting Latino Behavioral's peer support model as an effective tool for supporting the community's mental health and substance use needs. Participants will understand how Latino Behavioral's peer support model is utilized to provide culturally and linguistically responsive mental health and substance use services.

Diversity, Equity & Inclusion

[Strengthening Public Health Webinar](#) in celebration of Asian American, Native Hawaiian, and Pacific Islander (AA and NHPI) Heritage Month. Webinar will include efforts to address misinformation, mental health, and health disparities.

[Children's Health Fact Sheets](#): Asian American, Native Hawaiian and Pacific Islander, Black, LGBTQ+, Children in Immigrant Families, Latinx, American Indian and Alaska Native, The Children's Partnership

Housing/Homelessness

[Listening Session](#): Behavioral Health Infrastructure Bond Act of 2024 BHCIP Round 7 and 8: Unmet Needs Public Listening Session. DHCS is developing plans for distribution of \$4.3 billion in BHIBA funds for BHCIP competitive grants. During this public listening session, input can be provided directly to DHCS on BHCIP bond funding. April 19, 2 - 3 pm. [Registration](#)

Older Adults

[Older Adult Mental Health Awareness Day On-Line Symposium](#), National Council on Aging, May 2, 2024.

Peer Providers

[Amid mental health staffing crunch, Medi-Cal patients help each other](#), San Francisco Chronicle/Kaiser Family Foundation Article.

[Updated Peer Certification Program Dashboard](#) provides insights into the diverse community of the Certified Medi-Cal Peer Support Specialists (CMPSS) contributing to the Behavioral Health Workforce of California. The new page allows you to sort CMPSS data by county, and see the number of folks who have completed Supervision / Specialization trainings.

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[Specialization Trainings](#): There are 4 areas of specializations for certified Medi-Cal Peer Support Specialists. These specializations focus on additional training that build on the knowledge, skills, and abilities of Medi-Cal Peer Support Specialists.

- Parent, Caregiver & Family Member Peer
- Peer Services in Crisis Care
- Peer Services for Unhoused
- Peer Services for Justice Involved

[Links to Training Providers and More Information](#) (CalMHSA)

[Peer Support in the Latinx Community](#): See description under "Peer Providers".

Substance Use Disorder (SUD)

[Free Fentanyl Test Strips](#) through the Naloxone Distribution Project, DHCS

[Management of Stimulant Use Disorder \(SUD\) Webinar Series](#), regarding [Clinical Practice Guideline on the Management of \(SUD\)](#), [American Academy of Addiction Psychiatry](#)

[Soundbites on Substance Use Disorders](#): Stigma, Stimulants and the Fight for Treatment Equity podcast series

[Opioid Use Disorder in Youth](#) lecture reviews current data on opioid use in youth, including: Medication management, behavioral interventions, and harm reduction. ORNW

[How Portugal Eased its Opioid Epidemic](#) while U.S. drug deaths skyrocketed, NPR

Telehealth

[Digital therapeutics at Kaiser Permanente:](#)

The growing role of telehealth in mental health care

Workforce

[Become a Certified Wellness Coach,](#)

Becoming a Certified Wellness Coach (Coach) lets you play a role in improving mental health and well-being of children and youth in California. Discover your path to certification today. HCAI

Resources for Boards/Commissions

[Acronyms](#) [Word](#) [PDF](#)
[Best Practices Handbook](#)
[Brown Act Guide](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Agendas
- Annual Reports
- Recommendations
- Recruitment
- Site Visits

[And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHS Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Materials/Recordings](#) -

1. [Basic Training](#): How to be an Effective MH/BH Board/Commission (42 minutes)
2. [Behavioral Health Continuum](#) (15 minutes)
3. [Chair & Admin](#) (60 minutes)
4. [Community Engagement & Unconscious Bias](#): Ensuring Citizen & Professional Involvement Throughout the Planning Process
5. [Community Program Planning](#) (MHSA "CPP") (60 minutes)
6. [Performance & Fiscal](#) (41 minutes)

Meetings/Events

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Sacramento/Zoom: April 19 & 20 [Registration](#)

Meeting (April 19th, 1:30 - 5:30 pm)

Training (April 20th, 9 am - 12 pm)

- How to Be an Effective MH/BH Board/Commission (*Rules and Tools*)
- Chair & Admin Training (*All are welcome*)

CA Behavioral Health Planning Council

Quarterly Meeting in Sacramento/Zoom

**No registration is required for their meetings*

Tuesday April 16, 2024 Meetings:

[Performance Outcomes](#): 1:00 to 3:30 pm

[SB 43 Public Forum](#): 4:00 to 6:00 pm

Wednesday April 17, 2024 Meetings:

[Executive](#): 8:30 to 10:15 am

[Patients' Rights](#): 10:30 am to 12:30 pm

[Workforce and Education](#): 1:30 to 5 pm

[Legislation and Public Policy](#): 1:30 to 5 pm

[Children and Youth](#): 5:30 pm to 6:30 pm

Thursday April 18, 2024 Meetings:

[Housing and Homelessness](#): 8:30 am to 12p

[Systems and Medicaid](#): 8:30 am to 12 pm

[Reducing Disparities](#): 12:10 pm to 1:10 pm

[Substance Use Disorders](#): 12:10 to 1:10 pm

General Sessions:

Day 1: April 18, 2024 - 1:30 pm to 5:00 pm

Day 2: April 19, 2024 - 8:30 am to 12:00 pm

CA Council on Criminal Justice and Behavioral Health (CCJBH)

2024 CCJBH meetings will be posted at:

www.cdcr.ca.gov/ccjbh/meetings

CA Department of Public Health Office of Health Equity

[Advisory Committee](#)

Upcoming meetings (1pm - 3 pm):

May 2, 2024 & June 6, 2024

CA Health & Human Services (HSS)

[Behavioral Health Task Force](#)

Hybrid Quarterly Meetings:

August 28, 2024, 10 am - 3 pm

November 13, 2024, 10 am - 3 pm

[CARE Act Advisory Committee:](#)

May 15, 2024: 10 am - 3 pm

August 21, 2024: 10 am - 3 pm

November 6, 2024: 10 am - 3 pm

CA Department of Health Care Services Stakeholder Advisory Committee (SAC) and BH Stakeholder Advisory Committee (BH-SAC)

May 29, 9:30 am - 3 pm

July 24, 9:30 am - 3 pm

October 16, 9:30 am - 3 pm

Mental Health Services Oversight & Accountability Commission (MHSOAC)

Fourth Thursdays (*Usually*) - [Schedule](#)

Mental Health Association of SF

[Redefining Crazy Conference:](#)

[It's the System, Not the People](#)

\$300 Registration/Scholarships Available April 23-24, San Francisco

[Occupational Therapy Association of CA](#)

Mental Health Symposium (Virtual) May 19th

Registration is \$109 for nonmembers if they register by May 5th

[Peer Certification Stakeholder](#)

[Advisory Council](#), April 19, 1-2 pm

- <https://us02web.zoom.us/j/89566173539>
- Dial-in 1-699-444-9171 | Webinar ID: 895 6617 3539

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

Email: info@calbhbc.com Website: www.calbhbc.org

Facebook: www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

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