***SUTTER-YUBA***

***BEHAVIORAL HEALTH ADVISORY BOARD***

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DATE: June 13, 2016

TO: Sutter County Board of Supervisors

Yuba County Board of Supervisors

FROM: Lesley Clarkson, Board Member

Kimberly Knight, Board Member

SUBJECT: Annual Report for Fiscal Year 2018-19

This memorandum is the Behavioral Health Advisory Board’s Annual Year-End Report to your Boards.  This report is based on program presentations offered during the year as well as on-site visits with Program Managers and other areas of interest.

We are very proud of the services that Sutter Yuba Behavioral Health provides to our community; offering programs that are robust, approachable and successful. Due to the high number of persons in this area on Social Security, there are few families here that are not affected by the positive benefits provided by this department.

Sutter-Yuba Behavioral Health experienced the following changes in personnel over the past year:

Director of Behavioral Health: While he did serve in an “interim” capacity for most of the past year, Mr. Rick Bingham, LMFT, has been officially appointed to this position. His commendable professionalism allows our district to enjoy appropriate management of resources, up-to-date administrational techniques and the focus needed to lead this unique organization. The interim position that he held allowed him to become familiar with the specific needs in this area and to coordinate efforts to assure future accomplishments.

Branch Directors: Sutter County Health and Humans Services underwent an organizational restructure and added several Branch Director positions that, once fully operational, will assist with providing more efficient services to Sutter and Yuba Counties.

Youth Services Program Manager: Tony Kildare, LCSW, was selected to be Program Manager for Youth and Family Services through the Behavioral Health system of Health and Human Services.

Psychiatric Emergency & Forensic Services Program Manager: This manager accepted employment elsewhere. We currently have an interim manager in place while recruitment is open.

Forensic Supervisor: This is a new position for Sutter-Yuba Behavioral Health. Darrin Whittaker was promoted into this position and is continuing to learn the intricacies associated with this challenging position.

**Adult Urgent Care**

Within the last year, our ability to process clients requesting services at the Open Access Clinic has improved. The Affordable Care Act presented an increase in demand for services; through increased staffing clients are able to receive triage care much quicker. Health Care Access Coordinator Lisa Jones works with the two-thirds population of people seen who don’t qualify for SYBH specialty services. The goal is to have every person leave triage with some type of appointment; whether at SYBH or within the community.

**Youth and Family Services (YFS):**

Children and youth are referred to services through multiple avenues including the Open Access Clinic at the Youth Outpatient site, Latino Outreach and Juvenile Hall/Camp Singer. Originally, clients had to qualify as having severe symptoms to access services from SYBH.

When the Affordable Care Act went in to effect in 2014, increased access to Medi-Cal allowed providers to accept clients in the mild to moderate range of symptomatology. Without additional staff at SYBH, children with milder symptoms are diverted to local practitioners.

When the Victor Community Support Services contract was replaced by a contract with Youth For Change (between September and November of 2017) it created an additional dramatic increase in children and youth seeking mental health services. The system capacity led to the creation of a waiting list in March 2018.

Additionally, Assembly Bills 403 (2015) and 1299 (2016) established reforms: presuming eligibility to Medi-Cal for children placed from other counties through the Foster care system, increase responsibilities for agencies to identify children with mental health issues and to provide services to them. These bills also included increased regulations regarding ‘group home’ setting with the intent to decrease long-term placement and increase short-term placement. These provisions add increased responsibilities for Youth and Family Services, not only to meet the communities needs but to complete transition of the department: increased staff levels, increased space and the implementation of the mandatory systems for care.

**Wellness and Recovery:**

This program has made significant changes in providing clients with classes and job placement programs. In accordance with state regulations, most of the groups are to be consumer-lead. SYBH continues to work to negotiate a contract that will provide them with the capability of hiring additional Peer Mentors. The new contractor will be able to provide needed background checks.

**Forensics:**

The most significant change for this program is that Yuba County is now contracting with California Forensics Management Group to provide services at Juvenile Hall/Camp Singer.

**Psychiatric Health Facility/Psychiatric Emergency Services:**

Changes to our Psychiatric Health Facility (PHF) and Psychiatric Emergency Services (PES) have been few but significant. For PES, psychiatric emergency services are available at two sites, 1965 Live Oak, in Yuba City, and Adventist + Rideout, in Marysville and are offered 24/7.  At the 1965 Live Oak site, in person evaluation is offered from 7am-11pm, with a 24-hour warm line available from 11pm-7am. Individuals needing 5150 evaluation between the hours of 11pm – 7am are evaluated at Adventist + Rideout.  The PHF has increased capacity from 12 to 16 patients. Before the increase in beds, in February 2019, 31 patients were placed in managed care hospitals. After the increase usage of beds, only four patients were placed outside the system in March. The average patient level in March was 15-16 patients. The average stay is 2 to 3 weeks.

Anticipated renovations for the PHF were scheduled for June 2019, but the Request for Proposal (RFP) did not yield any bids. The much-needed renovation includes new flooring, new paint and installation of a sprinkler system to meet state regulations. Sutter County Development Services broke the project down into smaller segments and contracted with various vendors to complete the renovation which is currently underway and scheduled to be complete by July 1, 2019.

**PEI: Prevention and Early Intervention**

There are many programs available for students, staff, teachers and parents. Primary programs include the ever-popular Friday Night Live program, MFA/YMHFA and Aggression Replacement Training, among others. Highlights include:

***Friday Night Live*** – this busy program meets at several community locations throughout the Yuba/Sutter area, and continues to create new chapters. With five chapters: Marysville High School, Sutter High School, Lindhurst High School and Marysville Community Day School and outreach to Beale Airforce Base, their focus is to develop leadership skills by allowing youth to choose which programs to present. These classes and events focus on Tobacco, Alcohol and Drug prevention, as well as Road Safety and healthy family interactions.

***MHFA/YMHFA*** – this national program teaches how to utilize the MHFA action plan during non-crisis and crisis events. Participants learn about signs of mental illness and substance abuse and reduce MH stigma. Training was provided for 121 agency staff, community members, non-profit agencies and government agencies.

***Aggression Replacement Training*** – this ten-week program offers students with behavioral issues a curriculum to learn coping skills, social skills, anger control and moral reasoning. Participants are referred by school administrators. Training has been provided to 338 students in 2017/2018.

***Camptonville Community Partnership*** - This mentor program provides activities through 4H, various activities and trainings. The remote nature of Camptonville makes programs for children, youth and families particularly difficult. This successful program has shown to be instrumental in reducing negative behaviors and helping identify those that need additional services. Outreach to 385 children and youth in the Yuba County foothills in 2017/2018.

***Strengthening Families program*** – and evidence-based program, it attempts to develop parenting skills and reduce problem behaviors within children ages 10 to 14. 27 Spanish speaking families were trained for a total of 50 adults and children.

***Yellow Ribbon Suicide Prevention Program*** *–* Presented to high school students to encourage discussions about suicide and to build trust between school personnel and train students to be ‘gatekeepers’ for peers. Each participant receives a Yellow Ribbon card to use in case of crisis. 1,254 participants at various locations in the community completed this course.

***Signs of Suicide Prevention*** – the SOS program helps build trust between students and personnel in middle and high schools. It is provided to staff first then to students in an assembly style. Students receive a SOS card with phone and text numbers. 1231 individuals completed training.

***Applied Suicide Intervention Skills Training*** – a suicide intervention program for agency staff and community members to recognize the sign of suicide and how to intervene for the person at risk.

***Safe Talk*** – designed for community members as young as 15 years old to recognize the signs of suicide and how to intervene for the person at risk.

**MHSA Innovation Project**

SYBH is working on a Mental Health Services Act Innovation program and has presented their proposal at several community forums and to the BHAB. The plan is scheduled to go to the Board of Supervisors for approval in August 2019. Once the plan has been approved by the Board of Supervisors it will again be presented in August 2019 to the Mental Health Services Oversight and Accountability Commission for their consideration/approval. Implementation can commence once that approval has been received. The iCare program, will provide a mobile unit to engage high utilizers of services at the emergency department and law enforcement agencies that do not connect with outpatient services when discharged from hospitals or other services. Many persons that interact with hospital triage, whether through law enforcement or voluntarily, do not follow up for outpatient treatment. This will be addressed in this new project. Each team will include peer mentors, case workers and/or nurses, depending on the expectations of the visit. It is anticipated that the AB114 Reversion Funds will be applied to this endeavor.

**Other reportable changes:**

The merger of many Sutter County Health and Human Services departments was anticipated at an old Kmart building on Gray Avenue in Yuba City and preliminary work has begun. Due to unexpected code violations inherent in a very large, vintage building, this ambitious project is moving forward slower than was anticipated.

There is also a plan to use the parking lot and some facilities at the Live Oak location for a temporary homeless shelter camp. This plan took considerable effort on the part of the greater community. Presently, all homeless shelters are in Yuba County and most low-income facilities are in Sutter County. As a bi-county community, we are working to correct this discrepancy to better serve our community in a fair and equitable manner.